



November Newsletter

Happy Thanksgiving

Be Thankful!

*There is always something
to be Thankful for.....*



*Please take a moment and
think about what you have
to be Thankful for.....*



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Thoughts of Fall
Beautiful colors calling
Wonderful leaves falling
Holiday season drawing
Families gathering awing
Football fans praying
Hallmark movies playing
Thankful hearts glowing

Haiku courtesy of
Melinda, Carol and Patty

SOME THOUGHTS FROM THE KITCHEN

Please sign up for lunch by Tuesday
the week before you plan to attend.
Please call the center at 754-2071 Ext. 395

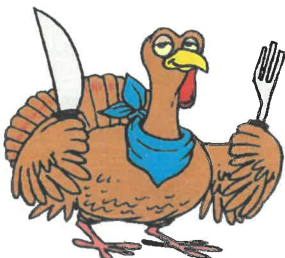


No meals will be served on
Monday, November 11th
The Center will be closed in
Observance of Veterans Day!

Happy Thanksgiving!

Thanksgiving Lunch will be served, Wednesday, November 20th! The menu will include:
Roast Turkey Breast, Mashed Potatoes w/Gravy, Baked Squash, Stuffing, Cranberry Sauce,
Dinner Roll and Pumpkin Pie w/ Whip Topping.

The center will be closed and no meals will be served on Thursday, November 28th and
Friday, November 29th.



Tuesday, November 5, 2024



Please VOTE!

Please VOTE!

The Senior Van
Will be providing

Transportation to your polling site

Please sign up at the center or call (716)754-2071

ANNUAL MITTEN TREE

Carol will once again be organizing the Annual Mitten Tree which will provide mittens, gloves, slippers, hats, scarves and socks to those in need in our community.

Thank you in advance!



At this time of year when we are thinking of all the things we have to be thankful for, think about how we can help others

Once again this year we will be helping local children in need!.

We will soon have a list of children's names and sizes to purchase gifts for.

More information will be available at the center

THE TOWN OF LEWISTON SENIOR CENTER

Will be open 8:00am-4:00pm Monday –Friday. It maintains an open-door policy creating a pleasant and healthy environment for Senior Citizens. The caring staff is dedicated to the well being of those who participate in the many programs and services offered.

Please check the calendar to see what events and activities we have planned this month.

We attempt to keep our newsletter information as up-dated as possible but occasionally changes do happen after publication. Check our website for updated information:

lewistonseniorcenter.com

You do not need to be a member of the Senior Club to participate in any of the programs offered at the Center!

The Niagara County Office for the Aging Attorney is available at the Center for Legal Services the first Tuesday of every month from 11:00am-12:00pm. Please call the center to schedule an appointment or for more information.

If you any questions or comments please feel free to contact the Senior Center.

(716)754-2071

Thank you!



Please Make Plans to Join Us

Friday, November 15th 9AM-1PM



Monday, November 25th 9AM-1PM

**Jeff Lewis will be at the center to
answer all your insurance questions!**



Friday, November 8th at 11:00AM

Veteran Recognition Day!

Honor our Seniors who have served!



Tuesday, November 19th at 11:00AM

Elderwood Managed Long Term Care Presentation



Friday, November 22nd at 1:00PM

Flower Arranging Class with Melissa from Tops



Wednesday, November 27th at 11:00AM

The Lewiston Larks Concert



Fun Football Fridays!

Dress to support your favorite team!

Trivia contest with questions provided by Mike!

Fun! Prizes! Snacks! Drawings!



SENIOR CENTER VAN DRIVER WANTED

Part-time

Must be compatible with the elderly.

20-30 hours per month!

For more information please contact the Senior Center!



Make plans to come in and join the fun!

Maybe you are interested in playing Bridge, Pinochle or Euchre!

See our schedule!

Mah-jongg Players Wanted

Experienced players and “never played” people are welcome to come to learn how to play and participate in games.

Matches are held on:

Wednesday 12:00-3:00PM

Thursday 8:30-12:00PM

Equipment is provided!

Please call the center for more information!

All are Welcome!



A huge heartfelt Thank You!

To everyone who has helped out at the center!

Thank You Eva! You do so many things to pitch in and help out!

Thank You! Thank You! Thank You! Thank You! Thank You! Thank You!

We have been so very fortunate to have our wonderful BINGO Volunteers Esther, Susan R, Patty V, Susan N, Karla, Rick, and Sandy who all do such a wonderful job! Thank You! Thank You! Thank You! Thank You! Thank You!

Our wonderful Volunteer Joan has been keeping our lending library and puzzles super organized ! Thank You! Thank You! Thank You! Thank You!

Thank you! Joann Allender for providing so much assistance with all our technology questions. Thank You! Thank You! Thank You! Thank You!

Debbie and MJ for all their help with Flower Arranging! Thank You too!

We have such wonderful volunteers we can not thank them enough for all they do at the Senior Center! Thank You! Thank You! Thank You! Thank You Thank You! Thank You! Thank You! Thank You! Thank You! Thank You!

TOWN OF LEWISTON SENIOR CENTER CAREVAN

Transportation is provided for residents who would like to attend activities at the center and for medical appointments. However, donations are greatly appreciated but no Senior will be denied service due to an inability to pay. The Senior Van is in operation Monday through Friday from 8:30 am—3:00 pm. Arrangements must be made 24 hours in advance. Senior Van funding provided by the Town of Lewiston and the Niagara County Office for the Aging.

Who may use the Senior Van: The Senior Van may be used by Seniors 60 years or older, residing in the geographic limits of the Town of Lewiston. We do NOT have a wheel chair van. If you require ANY assistance, due to liability restrictions, you must have someone accompany you to provide the required assistance.

Service Priorities: Every van rider is important to us, Medical needs will be the first priority for service. Seniors requiring hospital or doctors care will be scheduled prior to any other need. In order to accommodate as many people as possible, you may have to be picked up earlier than you think necessary if there is more than one appointment scheduled for the same time. YOU MAY HAVE TO WAIT TO BE PICKED UP for your trip home.

Due to increased demand of our Van Service, the Senior Van will provide transportation for Shopping, Banking, and Hair Appointments as van availability allows. Please call the center for more information. This service is limited to the Village of Lewiston.

Client Location Conditions: Clients are expected to keep driveways clear of any obstacles (low hanging tree branches, ice/snow, and any other obstruction). If your location is determined by the driver to be impassable or hazardous, arrangement will be made to pick you up at another location.

Suggested Donations for Service: Travel within the Town of Lewiston will be at the rate of 50 cents per one trip and \$1.00 round trip. Travel outside of the Town of Lewiston will be at the following rates:

Summit Mall Medical \$4.00

Niagara Falls \$4.00

Youngstown \$ 3.00



No Senior will be denied service due to an inability to pay.

The Van Drivers would like to remind you to “Buckle-Up” when you ride in the van.





November 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 3 FALL BACK <i>Drop! Scissors have fun!</i>	 4 9:30 Chair Yoga 1:00 Pinochle 1-3PM Afternoon Art	 <i>Birthday's</i> Are celebrated the first Tuesday of each Month!	 6 9:30AM Silver Sneakers 10:30AM Lark's 1:00 BINGOI 12-3:00 Mahjongg	 7 8:30 Mahjongg 9:00 Wood Carvers 1:00PM Exercise w/Kathy 1-3:00Grief Support	1 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	2  Every Friday Fun! Football!
 3	4 9:30 Chair Yoga 1:00 Pinochle 1-3PM Afternoon Art	 5 9:30AM Band Ex 11-12 NCOFA Lawyer 12:30-3PM Euchre 1PM Bridge	6 9:30AM Silver Sneakers 10:30AM Lark's 1:00 BINGOI 12-3:00 Mahjongg	7 8:30 Mahjongg 9:00 Wood Carvers 1:00PM Exercise w/Kathy 1-3:00Grief Support	8 9AM Quilters 9:30AM Chair Yoga 11AM Veteran Recognition Day 12:00 Trivia 12:30-3:30 Bridge	9 
10	11  Center Closed	12 9:30AM Band Ex 12:30-3PM Euchre 1PM Tech 101	13 9:30AM Silver Sneakers 10:30AM Lark's 1:00 BINGOI 12-3:00 Mahjongg	14 8:30 Mahjongg 9:00 Wood Carvers 1:00PM Exercise w/Kathy	15 9AM Quilters 9:30AM Chair Yoga 9-1PM Jeff BC/BS 12:00 Trivia 12:30-3:30 Bridge	16 
17	18 9:30 Chair Yoga 1:00 Pinochle 1-3PM Afternoon Art	19 9:30AM Band Ex 11:00 Speaker 12:30-3PM Euchre 1:30 Book Club 6:30-8:30PM Wood Carvers	20 9:30AM Silver Sneakers Thanksgiving Lunch 1:00 BINGOI 12-3:00 Mahjongg 	21 8:30 Mahjongg 9:00 Wood Carvers 1:00PM Exercise w/Kathy 1-3:00Grief Support	22 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge 1PM Flower Arranging 	23 
24	25 9:30 Chair Yoga 9-1PM Jeff BC/BS 1:00 Pinochle 1-3PM Afternoon Art	26 9:30AM Band Ex 12:30-3PM Euchre 1PM Tech 101	27 9:30 AM Silver Sneakers NO Lark's NO BINGOI No Mahjongg	28	29	30 
	Center Closed	Center Closed	Center Closed	Center Closed	Center Closed	Center Closed

Happy Thanksgiving!
Center Closed



November Weekly Activities



Monday	9:30AM	Chair Yoga
	1:00PM	Afternoon Art
	1:00PM	Pinochle (Looking for new players 😊!)
	9-12:00	Jeff Lewis BC/BS (Friday 11/15 & Monday 11/25)
Tuesday	9:30AM	Resistance Band Exercise
	10:30	B/P with Joyce (1st & 3rd Tuesday of Each Month)
	11-12:30	Lawyer NCOFA (1st Tuesday of Each Month)
	12:30PM	Senior Club (1st Tuesday) Travel Club (4th Tuesday)
	1:00PM	Bridge (1st Tuesday of Each Month Only)
	1:00PM	Technology 101 (2nd & 4th Tuesday of Each Month)
	12:30PM	Euchre
Wednesday	1:30PM	Book Club (3rd Tuesday of Each Month)
	9:30AM	Silver Sneakers
	10:30AM	Larks
	1:00PM	BINGO
	12:00PM	Mahjongg (Looking for new players 😊!)
Thursday	8:30AM	Mahjongg
	9:00AM	Wood Carvers (6:30-8:30PM- 3rd Tuesday each Month)
	1:00PM	Exercise with Kathy
	1-3:00PM	Grief Support Group (11/7 and 11/21)
Friday	9:00AM	Quilters, Knitters, and Crochet
	9:30AM	Chair Yoga
	12:00PM	Trivia
	12-3:00PM	Bridge

Please Call the Senior Center (716) 754-2071 For more information 😊!