

# Newsletter

## October



**Hello Happy Fall!**

**Hope everyone is staying safe and enjoying the cooler temperatures.**

**The center is gradually re-opening and we are so happy to welcome everyone back. Please check the calendar to see if the activities that you enjoyed in the past are back on the schedule.**

**Unfortunately some activities will not meet the guidelines we are required to follow during the COVID Pandemic.**

**We are trying our best to bring things back in a healthy and safe manner.**



### We Will Continue to Follow COVID Guidelines

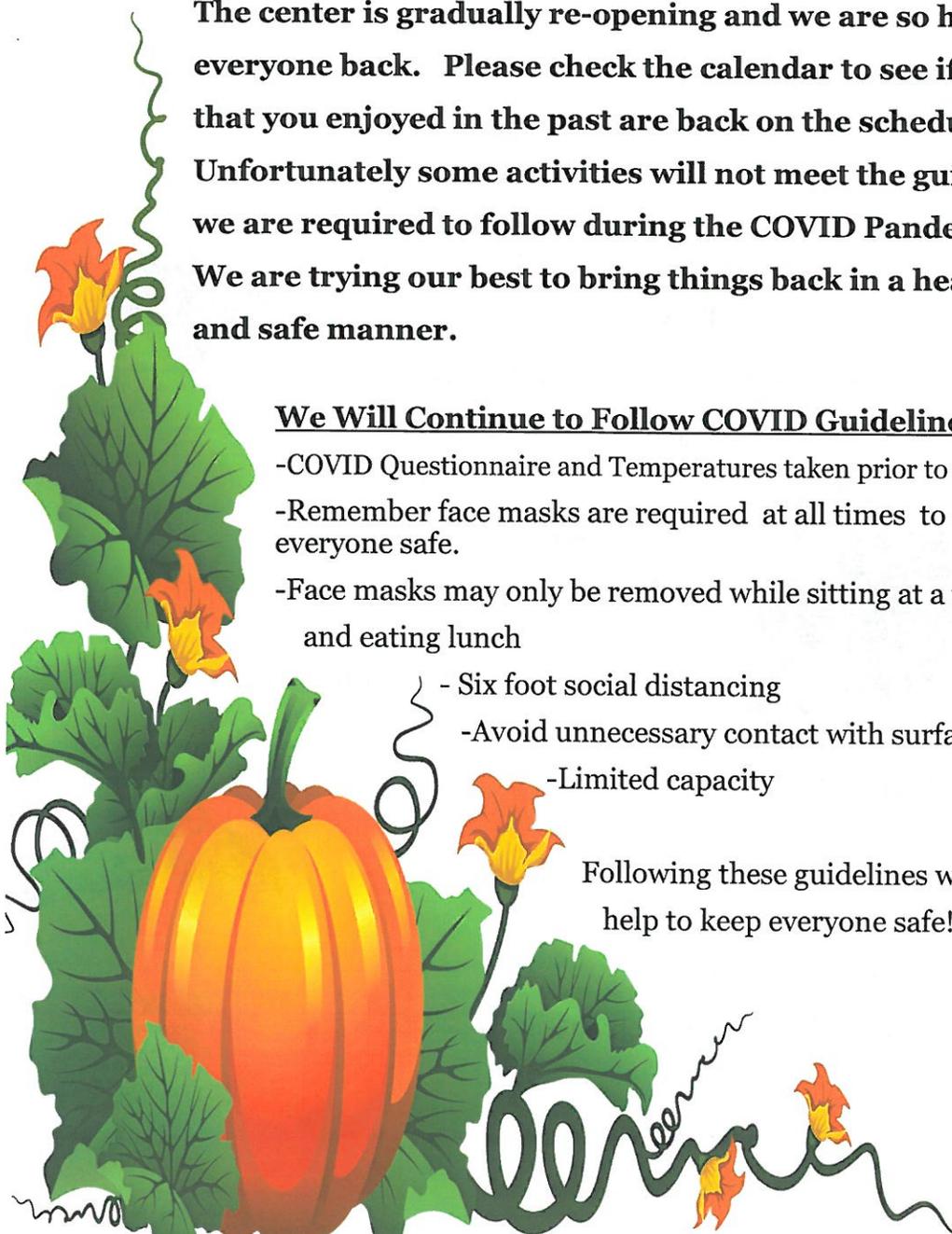
- COVID Questionnaire and Temperatures taken prior to entry.
- Remember face masks are required at all times to keep everyone safe.
- Face masks may only be removed while sitting at a table and eating lunch
  - Six foot social distancing
  - Avoid unnecessary contact with surfaces
  - Limited capacity

Following these guidelines will help to keep everyone safe!

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# BINGO

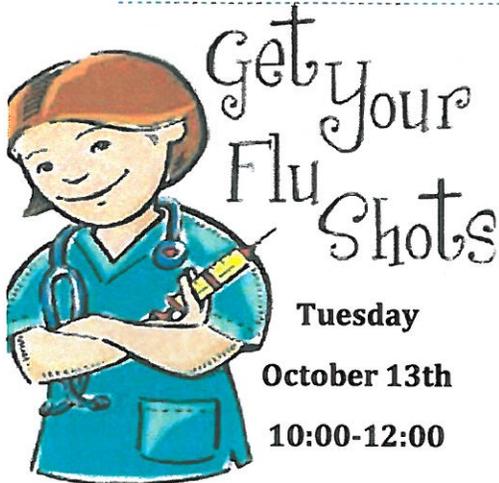
BINGO is back!

Due to the increased expense of using paper BINGO "boards" the center will be increasing the cost of BINGO. A fair increase will be determined and the cost will be adjusted cost accordingly.

As always if anyone has question or input on any programs or activities please do not hesitate to speak to me in person at the center or contact me at 754-2071 or via email at molick@townofLewiston.us

Thank you! Melinda

*"No one ever injured their eyesight by looking on the bright side"*



Tuesday  
October 13th  
10:00-12:00

Rite Aid Pharmacy  
Will be at the center  
to provide Flu Shots  
Please have your  
Insurance card  
and information  
ready!

## SOME THOUGHTS FROM MARY

### Reminder

Please sign up for lunch by Tuesday  
the week before you plan to attend.



No meals will be served on  
Monday, October 12, 2020  
The Center will be closed in  
Observance of Columbus Day

Happy Halloween!!

Halloween Lunch will be served

Friday, October 30

Plus Cider and doughnuts

Mary's Cell Phone Number

(716) 280-1878





### GOOD NEWS/BAD NEWS

The Good News is the Music Sight Reading class that people have asked for will begin Wednesday October 7, at 9:30 AM. The course is free and open to anyone who ever wanted to be able to read music. The class will be safe and socially distant. Come on out and learn something new.

The Bad News is "The Larks will not be meeting until 2021. Signing propels those dangerous droplets further through the air than speaking. When people are placed 6 feet apart they are reticent to sing, because they feel unsupported and like they are signing a solo. Also our audience currently does not want us to spread the virus by signing to them. Let's be responsible, safe and healthy. We will take a break and come back when it is safe to do so.

Vianna Pilkington



**Plan to come in and enjoy the fun!**

**Cider, Donuts and Treats!**

**Wear your costume !**

**Costume Parade with Prizes!**

**Costumes will be judged and prizes**

**Awarded For**

**Most Original, Funny, Ugly and Pretty**

Please be sure to let Mary know if you would like to order lunch!



### THE TOWN OF LEWISTON SENIOR CENTER

Will be open 8:00am-4:00pm Monday -Friday. It maintains an open-door policy creating a pleasant and healthy environment for Senior Citizens. The caring staff is dedicated to the well being of those who participate in the many programs and services offered.

Many of the programs and activities will be returning to the center that were offered prior to the COVID-19 Pandemic. Unfortunately we will not be able to offer some activities due to COVID restrictions. Card playing and the like are not permitted as they will not allow social distancing and other safety requirements.

Please check the calendar to see if your favorite programs and activities are now being offered.

You do not need to be a member of the Senior Club to participate in any of the programs offered at the Center!

The Niagara County Office for the Aging Attorney is available at the Center for Legal Services the first Tuesday of every month from 11:30am-12:30pm. Please call the center to schedule an appointment or for more information.

The AARP Driver Safety Program will return to the center in January 2021.



## TOWN OF LEWISTON SENIOR CENTER CAREVAN

Transportation is provided for residents who would like to attend activities at the center and for medical appointments for a small fee. However, no Senior will be denied service due to an inability to pay. The Carevan is in operation Monday through Friday from 8:30 am—3:00 pm. Arrangements must be made 24 hours in advance.

**Who may use the Carevan:** The caravan may be used by Seniors 60 years or older, residing in the geographic limits of the Town of Lewiston. We do NOT have a wheel chair van. If you required ANY assistance, due to liability restrictions, you must have someone accompany you to provide the required assistance.

**Service Priorities:** Medical needs will be the first priority for service. Seniors requiring hospital or doctors care will be scheduled prior to any other need. In order to accommodate as many people as possible, you may have to be picked up earlier than you think necessary if there is more than one appointment scheduled for the same time. YOU MAY HAVE TO WAIT TO BE PICKED UP for your trip home.

Friday has been designated as shopping and banking day. This service is limited to the Village of Lewiston. Wednesday and Thursday morning have been designated as hairdresser and barbershop day. This service is also limited to the Village of Lewiston.

**Client Location Conditions:** Clients are expected to keep driveways clear of any obstacles( low hanging tree branches, ice/snow, and any other obstruction). If your location is determined by the driver to be impassable or hazardous, arrangement will be made to pick you up at another location.

**Donations for Service:** Travel within the Town of Lewiston will be at the rate of 50 cents per one trip and \$1.00 round trip. Travel outside of the Town of Lewiston will be at the following rates:

<b>Summit Mall Medical</b>	<b>\$4.00</b>
<b>Niagara Falls</b>	<b>\$4.00</b>
<b>Youngstown</b>	<b>\$ 3.00</b>

**No Senior will be denied service due to an inability to pay.**

**The Van Drivers would like to remind you to “Buckle-Up” when you ride in the van.**



# October 2020

Sun

Mon

Tue

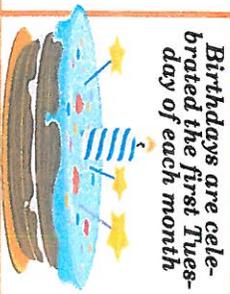
Wed

Thu

Fri

Sat

Lunch Program  
Monday-Friday  
11:00AM-12:30PM



4	5	6	7	8	9	10	
	9:30-10:30 Yoga	11:00 Fire Dept. Talk 1:00 Senior Club NCOFA Lawyer	9:30-10:30 Music Sight Reading Class 1:00 BINGO	9:00 Woodcarvers Quilters	9:30 Tai Chi		
11	12	13	14	15	16	17	
	Center Closed Columbus Day	10:00-12:00 FLU SHOTS	9:30-10:30 Music Sight Reading Class 1:00 BINGO	9:00 Woodcarvers Quilters	9:30 Tai Chi		
18	19	20	21	22	23	24	
	9:30-10:30 Yoga	1:00 Senior Club 1-2:30 Afternoon Book Club	9:30-10:30 Music Sight Reading Class 1:00 BINGO	9:00 Woodcarvers Quilters	9:30 Tai Chi 12:00 Music w/ Mike		
25	26	27	28	29	30	31	
	9:30-10:30 Yoga	1:00 Senior Club Halloween Party	9:30-10:30 Music Sight Reading Class 1:00 BINGO	9:00 Woodcarvers Quilters	9:30 Tai Chi	HAPPY HALLOWEEN 	

**Events and Activities  
October 2020**

**Monday 9:30-10:30AM Yoga**

**Tuesday 11:00-12:30 Lawyer NCOFA (First Tuesday of Each Month)**  
**1:00PM Senior Club (1<sup>st</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> Tuesday of Each Month)**

**Wednesday 9:30-10:30AM Music Sight Reading Class**  
**1:00PM BINGO**

**Thursday 9:00AM Wood Carvers**  
**Quilters**

**Friday 9:30AM Tai Chi**

**For more information please contact the Senior Center  
754-2071**